



Stressfrei³

Three elements, one goal: your inner equilibrium

Personalized Intensive Coaching for Body, Mind & Nervous System

Wingwave Coaching & NLP

HRV Scan & Biofeedback

Neurofeedback with BrainLink Pro

Acupressure & Energetic Balancing

Duration: approx. 3.5 hours (incl. two 15-minute breaks)

Fee: 260 BGN - Welcome offer: only 208 BGN

Location: My practice at u. St. Cyril & Methodius 18, 8238 Rawda, Bulgaria

The entrance to my practice is on ul. Vardar. (Exactly opposite ul. Vardar 3)

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